

Georgia State Hammer Championships - 6/7/2026**Throw1deep****Results****Girls Shot Put 3K**

Name	Year School	Seed	Finals	Points
Finals				
1 Waterman, Jillian	Throw1Deep		15.73m	51-07.25

Girls Shot Put 4K

Name	Year School	Seed	Finals	Points
1 German, Bailey	Throw1Deep	13.11m	13.01m	42-08.25
2 Holder, Jonae	Quicksilver	11.28m	11.61m	38-01.25
3 Johnson, Lauren	Retrain	11.35m	10.82m	35-06.00
4 Frost, Lauren	Quicksilver	9.75m	10.09m	33-01.25
5 Hering, Malani-Rae	Retrain	10.06m	9.66m	31-08.50
6 Randolph, Baleigh	Quicksilver	8.69m	8.27m	27-01.75
7 Lappin, Ansley	Throw1Deep	7.21m	6.93m	22-09.00

Girls Discus Throw 1K

Name	Year School	Seed	Finals	Points
1 Thornton, Sierra	Throw1Deep	48.92m	44.58m	146-03
2 Egbe, Alero	Throw1Deep	43.32m	42.35m	138-11
3 Brock, Carder	Throw1Deep	37.80m	39.59m	129-11
4 O'Shields, Camdyn	Throw1Deep	41.09m	38.73m	127-01
5 Cason, Kennedy	Quicksilver	38.35m	35.19m	115-05
6 Craig, Allison	Retrain	35.74m	34.89m	114-06
7 Roberts, Leah	Quicksilver	32.56m	31.73m	104-01
8 Frost, Lauren	Quicksilver	32.92m	28.72m	94-03
9 Randolph, Baleigh	Quicksilver	28.34m	25.79m	84-07
10 Hering, Malani-Rae	Retrain	26.92m	25.17m	82-07
11 Lappin, Ansley	Throw1Deep	21.41m	22.18m	72-09

Girls Hammer Throw 4K

Name	Year School	Seed	Finals	Points
1 O'Shields, Camdyn	Throw1Deep	47.75m	46.96m	154-01
2 Thornton, Sierra	Throw1Deep	45.12m	46.31m	151-11
3 Egbe, Alero	Throw1Deep	43.85m	46.27m	151-10
4 German, Bailey	Throw1Deep	30.06m	35.82m	117-06
5 Johnson, Lauren	Retrain		32.87m	107-10
6 Holder, Jonae	Quicksilver		31.07m	101-11
7 Cason, Kennedy	Quicksilver	29.49m	30.64m	100-06
8 Roberts, Leah	Quicksilver	22.86m	23.19m	76-01

Girls Hammer Throw 3K

Name	Year School	Seed	Finals	Points
1 Thornton, Sierra	Throw1Deep		56.08m	184-00
2 Waterman, Jillian	Throw1Deep		46.12m	151-04
3 Brock, Carder	Throw1Deep		39.67m	130-02

Georgia State Hammer Championships - 6/7/2026**Throw1deep****Results****Women Discus Throw 1K**

Name	Year School	Seed	Finals	Points
1 Atkins, Daynejia	Unattached	45.71m	46.51m	152-07
2 Lanham, Destinee	Unattached		42.67m	140-00
3 Dunn, Jae'l	Unattached	44.15m	37.22m	122-01

Women Hammer Throw 4K

Name	Year School	Seed	Finals	Points
1 Gill, Mary	Unattached	56.94m	56.42m	185-01
2 Cooper, Daiyanna	Retrain	56.86m	48.49m	159-01
3 Dunn, Jae'l	Unattached	51.14m	44.92m	147-04
4 Lanham, Destinee	Unattached		26.02m	85-04
-- Atkins, Daynejia	Unattached	51.50m	FOUL	

Boys Shot Put 4K

Name	Year School	Seed	Finals	Points
1 Riggins, Deshawn	Retrain	11.73m	12.88m	42-03.25
2 Marshall, Jackson	Quicksilver	11.40m	11.19m	36-08.50

Boys Shot Put 12 lb

Name	Year School	Seed	Finals	Points
1 Efik, Kalei	Quicksilver	9.75m	10.59m	34-09.00

Boys Shot Put 6 lb

Name	Year School	Seed	Finals	Points
1 Fuller, Makai	Retrain	9.28m	9.40m	30-10.25
2 Randolph, Corbin	Throw1Deep	6.27m	6.48m	21-03.25

Boys Discus Throw 1.6K

Name	Year School	Seed	Finals	Points
1 Raggs, Solomon	Retrain	53.31m	54.14m	177-07
2 Woodall, Terrence	Quicksilver	52.68m	51.55m	169-01
3 Riggins, Harry	Retrain	47.77m	47.94m	157-03
4 Jenkins, Bryson	Retrain	45.95m	44.97m	147-06
5 Ciul, Rylan	Throw1Deep	48.15m	43.31m	142-01
6 Mac Au, Cydrell	Throw1Deep	37.04m	39.28m	128-10
7 Efik, Kalei	Quicksilver	31.09m	35.92m	117-10
8 Marshall, Jackson	Quicksilver	37.87m	32.38m	106-03

Boys Discus Throw 1K

Name	Year School	Seed	Finals	Points
1 Riggins, Deshawn	Retrain	40.79m	45.18m	148-03
2 Randolph, Remi	Throw1Deep	42.94m	42.32m	138-10

Georgia State Hammer Championships - 6/7/2026**Throw1deep****Results****....Boys Discus Throw 1K**

3 Gourley, Wade	Throw1Deep	29.97m	31.89m	104-07
4 Fuller, Makai	Retrain	24.43m	22.22m	72-11
5 Randolph, Corbin	Throw1Deep	20.43m	17.76m	58-03

Boys Hammer Throw 4K

Name	Year School	Seed	Finals	Points
1 Gourley, Wade	Throw1Deep	28.85m	26.10m	85-07

Boys Hammer Throw 5K

Name	Year School	Seed	Finals	Points
1 Herndon, Jacob	Throw1Deep		68.13m	223-06
2 Lynch, Luke	Throw1Deep		52.16m	171-01

Boys Hammer Throw 12 lb

Name	Year School	Seed	Finals	Points
1 Herndon, Jacob	Throw1Deep	65.08m	67.00m	219-10
2 Lynch, Luke	Throw1Deep	50.04m	50.82m	166-09
3 Ciul, Rylan	Throw1Deep	47.36m	49.46m	162-03
4 Raggs, Solomon	Retrain		49.04m	160-11
5 Humphries, Blake	Throw1Deep	50.02m	46.76m	153-05
6 Mac Au, Cydrell	Throw1Deep	43.21m	45.42m	149-00
7 Woodall, Terrence	Quicksilver	37.95m	44.56m	146-02
8 Jenkins, Bryson	Retrain	40.33m	40.14m	131-08
9 Riggins, Harry	Retrain		31.77m	104-03

Men Hammer Throw 16 lb

Name	Year School	Seed	Finals	Points
1 Jirgens, Noah	Unattached		70.41m	231-00