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taken from coacho website: <https://coachoregistration.com/dbi-bin/meetinfo page.pl>

Alabama Vs South Indoor Indoor Championships 2023  
Crossplex Birmingham, Alabama  
Results

Shot Put 15-18 Girls

3 Attempts No Finals

Galleria Rec: M 11.69m 12/17/2016 Torr'yence Poole, Unattached

Name	Age	Team	Seed	Finals
1 Steines, Maya	37-00	40-00	39-03.75	40-09.50M 12.43m
		40-09.50		FOUL FOUL FOUL

Weight Throw 15-18 Girls

Top 9 to Finals

Name	Age	Team	Seed	Finals
1 Steines, Maya		ThrowlDeep C	16.45m	16.47m 54-00.50
				16.37m 16.47m 16.44m 15.94m 15.75m 15.35m
2 Wilson, Nyla		Xtreme Tnt	16.99m	13.59m 44-07.00
				FOUL 13.13m FOUL 12.69m 13.59m FOUL
3 Raspberry, Mya		ThrowlDeep C	9.28m	8.59m 28-02.25
				FOUL 8.59m FOUL FOUL FOUL FOUL

Shot Put 15-18 Boys

3 Attempts No Finals

Galleria Rec: M 12.38m 12/18/2021 Landyn Buchanan, Legacy Athle

Name	Age	Team	Seed	Finals
1 Moore, Phillipps		ThrowlDeep C	54-02.00	55-07.00M 16.94m

	49-08.50	FOUL	FOUL	55-07	FOUL	FOUL			
2	Wojnar, Thomas				Xtreme Tnt		43-00.25	47-07.50M	14.51m
	FOUL	FOUL	47-07.50	47-05	FOUL	FOUL			
3	Puckett, Bryan				Xtreme Tnt			46-00.00M	14.02m
	44-08	45-03	FOUL	FOUL	44-03.50	46-00			
4	Goldman, Mark				Unattached		46-06.00	45-11.00M	13.99m
	44-10	45-11	43-10	45-03.50	FOUL	FOUL			
5	Pickerel, Ashton				Unattached		40-08.25	41-01.50M	12.53m
	40-04	FOUL	41-01.50	40-04	FOUL	FOUL			
6	Hedgemon, Theodore				Throw1Deep C		36-04.00	36-06.00M	11.12m
	33-10	36-06	FOUL	FOUL	FOUL	33-09.50			

Weight Throw 15-18 Boys

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 Top 9 to Finals

Name	Age	Team	Seed	Finals
1 Herman, Max		Throw1Deep C	23.94m	24.53m 80-05.75
	23.21m	24.33m	FOUL	FOUL 24.26m 24.53m
2 Hines, Tahir		Unattached	20.93m	21.73m 71-03.50
	FOUL	20.64m	FOUL	21.73m FOUL 21.48m
3 Moore, Phillips		Throw1Deep C	19.30m	20.52m 67-04.00
	FOUL	19.59m	19.54m	19.38m 20.52m FOUL
4 Pickerel, Ashton		Unattached	15.60m	16.11m 52-10.25
	14.25m	15.23m	15.35m	15.43m 16.11m 15.87m
5 Goldman, Mark		Unattached	15.09m	14.25m 46-09.00
	13.84m	FOUL	12.92m	14.25m FOUL FOUL
6 Hedgemon, Theodore		Throw1Deep C	13.35m	14.01m 45-11.75
	12.91m	13.75m	FOUL	13.18m 14.01m FOUL

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